

JEFFREY M. HUNGER, PH.D.
Miami University Psychology Department
JeffreyHunger.com

PROFESSIONAL EXPERIENCE

Assistant Professor, Social Psychology (tenure-track) Miami University, Oxford, OH	2019 - present
Postdoctoral Fellow and Instructor, Health Psychology University of California, Los Angeles	2017-2019

EDUCATION

Ph.D. Social Psychology, University of California, Santa Barbara Graduate Emphasis: Quantitative Methods in the Social Sciences	2017
M.A. Psychological Research, California State University, Fullerton	2011
B.A. Psychology, <i>Summa Cum Laude</i> , University of Minnesota, Twin Cities	2009

REFEREED PUBLICATIONS & CHAPTERS ($N = 24$, 1727 citations, h-index = 15)

***Miami University mentee, *Non-Miami mentee, IF = 2021 Impact Factor*

1. **Hunger, J.M.**, & Howell, J.L. (in press). Social cognition and health. In D.E. Carlston, K.L. Johnson, & K. Hugenberg (Eds.), *The Oxford Handbook of Social Cognition*. Oxford (2nd edition). Oxford University Press.
2. Girme, Y.U., Schmitt, M., Sibley, C.T., Hadden, B.W, & **Hunger, J.M.** (in press). Unsupported and stigmatized? The association between relationship status and wellbeing is mediated by social support and social discrimination. *Social Psychological and Personality Science*. [IF = 4.45]
3. ****Ram, S.S.**, Kunstman, J., **Hunger, J.M.**, & Smith, A.R. (2021). Examining the relation between discrimination and suicide among Black Americans: The role of social pain minimization and decreased bodily trust. *Stigma and Health*. Advance online publication. <https://doi.org/10.1037/sah0000303>
4. ***Lee, K.**, A.J. **Hunger, J.M.**, & Tomiyama, A.J. (2021). Weight stigma and health behaviors: Evidence from the Eating in America Study. *International Journal of Obesity*, 45, 1499-1509. doi.org/10.1038/s41366-021-00814-5. [IF = 5.10]
5. **Hunger, J.M.**, ****Dodd, D.**, & Smith, A.R. (2020). Weight discrimination, anticipated weight stigma, and disordered eating. *Eating Behaviors*, 37, 101383. [IF = 2.70]
6. Major, B., ***Rathbone, J.**, Blodorn, A., & **Hunger, J.M.** (2020). Weight stigma increases weight loss motivation while undermining perceived capacity for weight control. *Personality and Social Psychology Bulletin*, 46, 1331-1343. [IF = 4.38]

7. **Hunger, J.M.**, **Dodd, D., & Smith, A.R. (2020). Weight-based discrimination, interpersonal needs, and suicidal ideation. *Stigma and Health*, 5, 217-224.
8. **Hunger, J.M.**, Smith, J., & Tomiyama, A.J. (2020). An evidence-based rationale for adopting weight-inclusive health policy. *Social Issues and Policy Review*, 14, 73-107. [IF = 8.31]
9. Alt, N., Lick, D.J., **Hunger, J.M.**, & Johnson, K. (2019). Evaluative implications of intersecting body weight and other social categories: The role of typicality. *Body Image*, 31, 19-23. [IF = 6.41]
10. **Hunger, J.M.**, Blodorn, A., Miller, C., & Major, B. (2018). The psychological and physiological effects of interacting with an anti-fat peer. *Body Image*, 27, 148-155. [IF= 6.41]
11. **Hunger, J.M.**, & Tomiyama, A.J. (2018). Weight labeling and disordered eating among adolescent females: Evidence from the NHLBI Growth and Health Study. *Journal of Adolescent Health*, 63, 360-362. [IF = 5.01]
12. Major, B., Tomiyama, A.J., & **Hunger, J.M.** (2018). The negative and bidirectional effects of weight stigma on health. In B.N. Major, J.F Dovidio, & B.G. Link (Eds.), *The Oxford Handbook of Stigma, Discrimination, and Health*. Oxford University Press.
13. Ryan, W.S., **Hunger, J.M.**, & Major, B. (2017). Applying intergroup relations research to understanding LGB health disparities. *Journal of Social Issues*, 73, 477-492. [IF = 3.42]
14. Tomiyama, A.J., **Hunger, J.M.**, *Nguyen-Cuu,J., & Wells, C. (2016). Misclassification of cardiometabolic health when using Body Mass Index categories in NHANES 2005-2012. *International Journal of Obesity*, 40, 883-886. [IF = 5.10]
15. Blodorn, A., Major, B., **Hunger, J.M.**, & Miller, C. (2016). Unpacking the psychological weight of weight stigma: A rejection-expectation pathway. *Journal of Experimental Social Psychology*, 63, 69-76. [IF = 3.60]
16. Robinson, E., **Hunger, J.M.**, Daly, M. (2015). Perceived weight status and risk of future weight gain in US and UK adults. *International Journal of Obesity*, 39, 1721-1726. [IF = 5.10]
17. **Hunger, J.M.**, Major, B., Blodorn, A., & Miller, C. (2015). Weighed down by stigma: How weight-based social identity threat influences weight gain and health. *Social Psychology and Personality Compass*, 9, 255-268.
18. **Hunger, J.M.**, & Major, B. (2015). Weight stigma mediates the association between BMI and self-reported health. *Health Psychology*, 34, 172-175. [IF = 4.27]
19. **Hunger, J.M.**, & Tomiyama, A.J. (2014). Weight labeling and obesity: A longitudinal study of girls aged 10 to 19 years. *JAMA Pediatrics*, 168, 579-580. [IF = 16.19]

20. Major, B., **Hunger, J.M.**, Bunyan, D., & Miller, C. (2014). The ironic effects of weight stigma. *Journal of Experimental Social Psychology*, *51*, 74-80. [IF = 3.60]
21. Howland, M., **Hunger, J. M.**, & Mann, T. L. (2012). Friends don't let friends eat cookies: Effects of restrictive eating norms on consumption among friends. *Appetite*, *59*, 504-509. doi: 10.1016/j.appet.s2012.06.020 [IF = 3.87]
22. Sadler, M., **Hunger, J. M.** & Miller, C. (2010). Personality and impression-management: Mapping the Multidimensional Personality Questionnaire onto 12 self-presentation tactics. *Personality and Individual Differences*, *48*, 623-628. [IF = 3.00]
23. Moskovich, A., **Hunger, J. M.**, & Mann, T. L. (2011). The psychology of obesity. In J. Cawley (Ed.), *The Oxford Handbook of the Social Science of Obesity*. Oxford University Press.
24. Tomiyama, A. J., Mann, T. L., Vinas, D., **Hunger, J. M.**, Dejager, J., & Taylor, S. E. (2010). Low calorie dieting increases cortisol. *Psychosomatic Medicine*, *72*, 357-364. [IF = 4.31]

ENCYCLOPEDIA ENTRIES & COMMENTARIES (*N* = 4) _____

1. Dover, T.L., **Hunger, J.M.**, & Major, B. (2020). Health consequences of prejudice and discrimination. In K. Sweeny & M. Robins (Eds.), *The Wiley Encyclopedia of Health Psychology*.
2. **Hunger, J.M.**, Tomiyama, A.J., *Nguyen-Cuu, J., & Wells, C., (2016). Moving to a personalized medicine approach to promote health across the weight spectrum. *International Journal of Obesity*, *40*, 1334.
3. Tomiyama, A.J., **Hunger, J.M.**, *Nguyen-Cuu, J., & Wells, C. (2016). Weight and cardiometabolic health: New perspectives. *International Journal of Obesity*, *40*, 1331.
4. **Hunger, J.M.**, & Tomiyama, A.J. (2015). A call to shift the public health focus away from weight. *American Journal of Public Health*, *105*, e3-e3.

MANUSCRIPTS UNDER REVIEW OR REVISION (*N* = 3) _____

1. **Hunger, J.M.**, **Dodd, D., & Smith, A.R. (under review). Weight-based social identity threat and disordered eating cognitions: Experimental evidence.
2. **Hunger, J.M.**, *Levinson, J., & Brochu, P. (under review). Exploring fat identity: A descriptive analysis among a nationally-representative sample of higher-weight adults.
3. Hubbard, A.S., *Edrosolan, K., Tan, J., Montoya, A.K., **Hunger, J.M.**, & Tomiyama, A.J. (under review). Ecological momentary assessment of weight stigma and eating behavior in everyday life.

SELECT MANUSCRIPTS IN PROGRESS

1. Pila, E., Press, M., Zheng, A., **Hunger, J.M.**, *Rojas Sanchez, A., Tippet, M., Calogero, R., & Meadows, A. (in progress). Weight stigma and physical activity: A scoping review.
2. *Levinson, J.L., **Ram, S.S., & **Hunger, J.M.** (in progress). A systematic review of the weight stigma and disordered eating literature.
3. *Gruenwald, W., *Rathbone, J., **Hunger, J.M.**, Dover, T.L., & Major, B. (in progress). Weight stigma and body image: Longitudinal relationships in a sample of low-income Latinx students.
4. **Hunger, J.M.** (in progress). Stigma and health: adopting a dimensional, intersectional, and cumulative approach. [theory paper]

EXTRAMURAL FUNDING (\$1,541,890 current and pending support)

Current Funding:

Weight stigma and health behaviors: An experimental approach (Co-I; PI: Tomiyama). National Institutes of Health/NHLBI (1R01HL158555-01). **Total costs: \$1,260,919.**

Funding Resubmission Under Review:

Collaborative Research: Examining the Stress-Related Cyclical Nature of Socioeconomic Status Stigma (PI: Hunger). National Science Foundation. **Total costs: \$238,979. Previously scored Competitive-Medium.**

MINOR/SEED GRANTS (\$4000 in total support)

2015	University of California Health Psychology Consortium Seed Grant (\$1500)
2010	Master's Grant for Research in Psychology, APAGS (\$1500)
2010	Basic Psychological Science Research Grant, APAGS (\$1000)

GRADUATE FELLOWSHIPS AND FUNDING (\$182,000 in total support)

2015-2016	NSF Extension Fellowship, University of California, Santa Barbara
2011-2014	National Science Foundation Graduate Research Fellowship
2010-2011	Graduate Equity Fellowship, California State University, Fullerton
2009-2011	Beinecke Brothers Memorial Scholarship (National competition)

SELECT SCHOLARSHIPS, HONORS, & AWARDS

2018	Seymour Fisher Outstanding Body Image Dissertation Award
2015	Graduate Student Travel Award, SPSP
2014	Graduate Student Diversity Travel Award, SPSSI

2014 Outstanding Abstract Award, Social Personality Health Network
2011 Outstanding M.A. Student in Psychology, CSU Fullerton
2010 Phi Beta Kappa, University of Minnesota
2008 Outstanding TA Award, Sociology, University of Minnesota
2008 Selmer Birkelo Scholarship, University of Minnesota
2008 Juanita Mortensen Scholarship, University of Minnesota

FORMAL TEACHING & MENTORING EXPERIENCE

Graduate Courses

Stigma, Miami University (Fall 2020)

Undergraduate Courses

Social Psychology of Health and Wellbeing, Miami University (Spring 2021)
Foundational Experiences in Psychology, Miami University (Spring 2021)
Introduction to Social Psychology, Miami University (Spring, 2020, Fall 2020)
Stigma and its Consequences, Miami University (Fall 2019, Spring 2020)
Research Methods in Health Psychology, UCLA (Spring, 2018)

Undergraduate Honor's Students and Select Research Mentees

Jackson Heitt (2021-present), Miami University

**Awarded Doctoral-Undergraduate Opportunities Scholarship*

**Awarded Undergraduate Summer Scholars*

Matt Daly (2017-2018), University of California, Santa Barbara

Awarded Morgan Award for Academic Excellence

Megan Farrell (2014-2015), University of California, Santa Barbara

Awarded Undergraduate Research and Creative Activities Grant

Devan Scherer, UCSB Academic Research Consortium Program (Summer 2012)

Research program for students from underrepresented backgrounds

Jeremie Djauhari, (2011-2012), UCSB Undergraduate Research & Creative Activities (URCA) Grant

URCA Symposium Poster Award Honorable Mention

INVITED PRESENTATIONS

Hunger, J.M. (June, 2021). Invited talk, "The weight of weight stigma: How weight stigma shapes mental and physical health," presented to the Miami University Alumni Association.

Hunger, J.M. (April, 2021). Invited talk, "*Stigma and health: A social identity threat perspective,*" presented at the Midwest Psychology Association.

Hunger, J.M. (February, 2021). Panelist on the webinar, “*Anti-Fat and Weight Bias: Addressing Myths and Creating Justice Through Research and Policy*,” organized by the Society for the Psychological Study of Social Issues.

Hunger, J.M. (January, 2021). Invited talk, “*Weight stigma and disordered eating: Insights from social psychology*,” presented at the UGA Foods and Nutrition Seminar.

Hunger, J.M. (January, 2021). Invited talk, “*Advocating for a weight-inclusive approach to health*,” presented at the Memorial Sloan Kettering Cancer Center.

Hunger, J.M. (November, 2020). Invited talk, “*Weight stigma and disordered eating: Insights from social psychology*,” presented at the University of Michigan Nutrition Seminar.

Hunger, J.M. (October, 2020). Invited talk, “*An evidence-based rationale for adopting weight-inclusive health policy*,” presented at the TEDD-WIND Virtual Inclusivity Conference.

Hunger, J.M. (April, 2020). Invited talk, “*Social identity threat and eating behavior: The bad, the worse, the unknown*,” scheduled to be presented at the University of Kentucky. [Cancelled due to COVID-19]

Hunger, J.M. (August, 2016). Panelist on the plenary and debate session, “*Old and new myths in medicine*,” at the European Forum in Alpbach, Austria.

Hunger, J.M. (May, 2016). *Barriers to health promotion in a weight-focused world*. Talk and panel discussion presented at the EveryBODY Acceptance Event, Children’s Hospital of LA.

Hunger, J.M. (October, 2015). *Weight stigma is bad for health*. Talk presented in the invited symposium, “*Dieting, Weight Obsession, Stigma, and Health*” at the annual meeting of the Southwest Chapter of the American College of Sports Medicine, Costa Mesa, CA.

Hunger, J.M. (March, 2014). *Unpacking the cognitive consequences of weight-based social identity threat*. Talk presented at the International Health Scholars Plenary session of the Social/Health International Training Exchange, University of Cambridge, United Kingdom.

REFEREED CHAIRED CONFERENCE SESSIONS

Sweeny, K., & **Hunger, J.M.** (February, 2020). *Common difficulties of academia no one talks about: Take 2*. Professional development session held at the annual SPSP meeting in New Orleans, LA.

Hunger, J.M., & Himmelstein, M. (February, 2019). *Stigma and health across analysis levels: Advances and methodological considerations*. Symposium held at the annual SPSP meeting in Portland, OR.

Hunger, J.M. (October, 2018). *Eat, drink, (exercise, sleep well) and Be merry? How health behaviors affect our social world*. Symposium held at the annual SESP meeting in Seattle, WA.

Hunger, J.M. (January, 2016). *Social/personality psychology and public health: Promise and practical application*. Symposium held at the annual SPSP meeting in San Diego, CA.

REFEREDED CONFERENCE PRESENTATIONS

Hunger, J.M. (February, 2021). “*Weight stigma and disordered eating: Insights from social psychology*,” presented at the Health Pre-Conference to the annual SPSP meeting [virtual due to COVID-19]

Tomiyama, A.J., **Hunger, J.M.**, & Edorsolan, K. (February, 2020). Weight stigma and stress eating: An ecological momentary assessment. Presented in, “Capturing Stigma: Novel Approaches” symposium at the annual SPSP conference in New Orleans, LA.

Hunger, J.M., Smith, A.R., Tomiyama, A.J., & Major, B. (March, 2019). *Weight stigma and disordered eating: Evidence across multiple methods*. Presented in, “Promoting Healthy Eating: Debunking Common Assumptions and Highlighting Successful Behavioral Strategies” symposium at the International Convention of Psychological Science meeting in Paris, France.

Hunger, J.M., Tomiyama, A.J., Bradbury, T.N., & Karney, B. R. (February 2019). *Diversifying methodological approaches to studying interpersonal stigma and health*. Talk presented in “Stigma and Health Across Analysis Levels: Advances and Methodological Considerations” at the annual SPSP meeting in Portland, OR.

Hunger, J.M., Smith, A.R., & Major, B. (August, 2016). *Weight stigma and disordered eating: Insights from social psychology*. Talk presented in “Social Insights into Issues in Health -- Health Care Experiences, Disordered Eating, and Lack of Exercise” symposium at the APA annual meeting in Denver, CO.

Hunger, J.M., Tomiyama, A.J., Robinson, E., & Daly, M. (January, 2016). *Weight stigma and weight gain: Evidence from large-scale longitudinal data*. Talk presented in “Social/Personality Psychology and Public Health: Promise and Practical Application” symposium at the SPSP annual meeting in San Diego, CA.

Hunger, J.M., & Major, B. (February, 2015). *The ironic effects of weight stigma*. Talk presented as part of the symposium “Challenging Misconceptions about the Psychology of Food Choice” at the SPSP annual meeting in Long Beach, CA.

Major, B.M., **Hunger, J.M.**, Blodorn, A., & Miller, C. (October, 2014). *Weight stigma as identity threat*. Talk presented at the SESP annual meeting, Columbus, OH.

Hunger, J.M. & Smith, A.R. (May, 2014). *Applying the interpersonal theory of suicide to weight-based discrimination*. Data blitz presented at the workshop on Obesity Stigma: Psychological, Social, and Medical Causes at the University of California, Los Angeles.

Lick, D.J., **Hunger, J.M.**, & Johnson, K.L. (May, 2014). *Recalibrating body perception: Harnessing visual aftereffects to reduce anti-fat bias*. Data blitz presented at the workshop on

Obesity Stigma: Psychological, Social, and Medical Causes at the University of California, Los Angeles.

Hunger, J.M. (February, 2014). *Weight labeling and obesity in young girls: A 10-year longitudinal study of girls aged 10-19*. Data blitz presented at the Social Personality Health Network Preconference to SPSP annual conference in Austin, TX.

Howland, M., **Hunger, J.M.**, Burns, R., Schershel, H. Mann, T. (September, 2011). *How toothpicks became freshly baked cookies: Lessons from a study on social influences on eating*. Talk presented at the 25th annual meeting of the European Health Psychology Society, Crete, Greece.

SELECT RECENT (PAST 2 YEARS) MEDIA ATTENTION

Popular Science (2021). *How does BMI change your COVID-19 risk? The answer reveals how little we know about body fat and health.*

Prevention Magazine (2021). *Rethinking Fatness: Why Everything You've Been Told About Weight May Be Wrong.*

Huffington Post (2021). *Weight Shaming (Not Free Doughnuts) Is The Real Health Threat. Here's Why.*

Scientific American (2021). *In Obesity Research, Fatphobia Is Always the X Factor.*

Scientific American (2020). *What if Doctors Stopped Prescribing Weight Loss?*

Wired (2020). *Covid-19 Does Not Discriminate by Body Weight.*

Washington Post (2019). *The Many Reasons a British Writer was Wrong to Disparage Nike's Plus Size Mannequins*

PROFESSIONAL SERVICE

04/2021 – present	Co-Organizer, SPHN Health Pre-Conference to the SPSP annual meeting
03/2021 – present	Psychology Department Diversity and Inclusion Liaison, MU College of Arts and Sciences
02/2021 – present	Chair, Teaching Grants Selection Committee, SPSSI
08/2020 – present	Faculty Coordinator, Social Psychology Area Visit Day, MU
08/2020 – present	Faculty Coordinator, Social-Personality Research Interest Group, MU
07/2020 – present	Member, Departmental Review Board, MU Psychology
09/2019 – present	Member, Diversity and Inclusion Committee, MU Psychology
09/2019 – present	Member, Diversifying Psychology Weekend Committee, MU Psychology

Editorial Experience:

05/2021-present	Editorial Board Member, <i>Body Image</i>
08/2020-present	Guest Editor, Special Issue of <i>Fat Studies</i> on “Weight as a Social Identity: Theoretical and Empirical Advances” (issue expected in late 2021)

Select Past Positions:

01/2017 – 06/2020	Steering Committee, International Weight Stigma Conference
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07/2014 – 09/2019 Student/Postdoc Representative, Steering Committee, SPHN
07/2014 – 09/2019 Chair, Grad Student/Postdoc Committee, SPHN
07/2017 – 11/2017 Planning Committee, UC Intercampus Consortium on Health Psychology

Ad hoc reviewer for:

American Journal of Preventive Medicine, American Journal of Public Health, Annals of Behavioral Medicine, Appetite, Body Image, Childhood Obesity, Frontiers in Psychology, Health Psychology, International Journal of Behavioral Medicine, International Journal of Obesity, JAMA Pediatrics, Journal of Adolescent Health, Journal of Applied Biobehavioral Research, Journal of Applied Social Psychology, Journal of Experimental Psychology: Applied, Journal of Experimental Social Psychology, Journal of Health Communication, Journal of Health Psychology, Journal of Personality and Social Psychology, Journal of Psychosomatic Research, Obesity, Pediatric Obesity, Pediatrics, Personality and Individual Differences, Personality and Social Psychology Bulletin, Perspectives on Psychological Science, Preventative Medicine, Prevention Science, Psychological Bulletin, Psychological Science, Psychological Review, Social Science and Medicine, Stigma and Health, Stress & Health