

JEFFREY M. HUNGER, PH.D.

Department of Psychology
 Miami University, Oxford, OH
 JeffreyHunger.com

PROFESSIONAL EXPERIENCE

Assistant Professor, Social Psychology (tenure-track) Miami University, Oxford, OH	2019 - present
Postdoctoral Fellow and Instructor, Health Psychology University of California, Los Angeles	2017-2019

EDUCATION

Ph.D. Social Psychology, University of California, Santa Barbara Graduate Emphasis: Quantitative Methods in the Social Sciences	2017
M.A. Psychological Research, California State University, Fullerton	2011
B.A. Psychology, <i>Summa Cum Laude</i> , University of Minnesota, Twin Cities	2009

HONORS, AWARDS, & FELLOWSHIPS

2023	Miami University LGBTQIA+ Inclusion Award [1 faculty awardee]
2023	Miami University Junior Faculty Scholar Award [1 awardee in Business, Education, and Social Sciences]
2022	Fellow, Society for Experimental Social Psychology
2018	Seymour Fisher Outstanding Body Image Dissertation Award
2015	Graduate Student Travel Award, SPSP
2014	Graduate Student Diversity Travel Award, SPSSI
2014	Outstanding Abstract Award, Social Personality Health Network
2011-2014	National Science Foundation Graduate Research Fellowship
2011	Outstanding M.A. Student in Psychology, CSU Fullerton
2010	Phi Beta Kappa, University of Minnesota
2009-2011	Beinecke Scholar [1 of 22 awardees nationally]
2008	Outstanding TA Award, Sociology, University of Minnesota

FUNDING

External:

01/01/2023-12/31/2025	Collaborative Research: Examining the Stress-Related Cyclical Nature of Socioeconomic Status Stigma (PI: Hunger). National Science Foundation (Award #2220296). Total costs: \$268,894.
07/01/2021-06/30/2024	Weight stigma and health behaviors: An experimental approach (Co-I; PI: Tomiyama). National Institutes of Health/NHLBI (1R01HL158555-01). Total costs: \$1,283,050.

Internal:

- 02/01/2023-12/31/2025 The Health Effects of SES-Based Stigma (PI: Hunger). Miami University Cornerstone Grant Program. **Total costs: \$138,810.**
- 06/01/2021-08/01/2021 Clarifying the Structure, Strength, and Implications of Weight-Based Social Identity. Miami University Committee on Faculty Research. **Total costs: \$6,200.**

PUBLICATIONS (From Google Scholar: 2707 citations, h-index = 18, i10 index = 23) ———

*Graduate student mentee, **Undergraduate mentee, IF = 2022 Impact Factor where available

1. **Hunger, J.M.**, & Brochu, P. M. (2023). Weight as a social identity: Theoretical and empirical advances. *Body Image*, 46, 103-107. [IF = 5.2]
2. Parker, J., *Levinson, J., **Hunger, J.M.**, Enders, C., Laraia, B., Epel, E., & Tomiyama, A.J. (in press). Longitudinal stability of disordered eating symptoms from age 12 to 40 in Black and white women. *Clinical Psychological Science*. [IF = 4.8]
3. **Hunger, J.M.**, & Howell, J.L. (in press). Social cognition and health. In D.E. Carlston, K.L. Johnson, & K. Hugenberg (Eds.), *The Oxford Handbook of Social Cognition*. Oxford (2nd edition). Oxford University Press.
4. *Ram, S.S., Kunstman, J., **Hunger, J.M.**, & Smith, A.R. (in press). Examining the relation between discrimination and suicide among Black Americans: The role of social pain minimization and decreased bodily trust. *Stigma and Health*. doi.org/10.1037/sah0000303 [IF = 3.0]
5. Girme, Y.U., Schmitt, M., Sibley, C.T., Hadden, B.W, & **Hunger, J.M.** (2022). Unsupported and stigmatized? The association between relationship status and wellbeing is mediated by social support and social discrimination. *Social Psychological and Personality Science*, 13, 425-435. doi.org/10.1177/19485506211030102 [IF = 5.7]
6. *Lee, K., **Hunger, J.M.**, & Tomiyama, A.J. (2021). Weight stigma and health behaviors: Evidence from the Eating in America Study. *International Journal of Obesity*, 45, 1499-1509. doi.org/10.1038/s41366-021-00814-5. [IF = 4.9]
7. **Hunger, J.M.**, *Dodd, D., & Smith, A.R. (2020b). Weight discrimination, anticipated weight stigma, and disordered eating. *Eating Behaviors*, 37, 101383. [IF = 2.8]
8. Major, B., *Rathbone, J., Blodorn, A., & **Hunger, J.M.** (2020). Weight stigma increases weight loss motivation while undermining perceived capacity for weight control. *Personality and Social Psychology Bulletin*, 46, 1331-1343. [IF = 4.0]

9. **Hunger, J.M.**, *Dodd, D., & Smith, A.R. (2020a). Weight-based discrimination, interpersonal needs, and suicidal ideation. *Stigma and Health*, 5, 217-224. [IF = 3.0]
10. **Hunger, J.M.**, Smith, J., & Tomiyama, A.J. (2020). An evidence-based rationale for adopting weight-inclusive health policy. *Social Issues and Policy Review*, 14, 73-107. [IF = 9.4]
11. Dover, T.L., **Hunger, J.M.**, & Major, B. (2020). Health consequences of prejudice and discrimination. In K. Sweeny & M. Robins (Eds.), *The Wiley Encyclopedia of Health Psychology*.
12. Alt, N., Lick, D.J., **Hunger, J.M.**, & Johnson, K. (2019). Evaluative implications of intersecting body weight and other social categories: The role of typicality. *Body Image*, 31, 19-23. [IF = 5.2]
13. **Hunger, J.M.**, Blodorn, A., Miller, C., & Major, B. (2018). The psychological and physiological effects of interacting with an anti-fat peer. *Body Image*, 27, 148-155. [IF= 5.2]
14. **Hunger, J.M.**, & Tomiyama, A.J. (2018). Weight labeling and disordered eating among adolescent females: Evidence from the NHLBI Growth and Health Study. *Journal of Adolescent Health*, 63, 360-362. [IF = 7.6]
15. Major, B., Tomiyama, A.J., & **Hunger, J.M.** (2018). The negative and bidirectional effects of weight stigma on health. In B.N. Major, J.F Dovidio, & B.G. Link (Eds.), *The Oxford Handbook of Stigma, Discrimination, and Health*. Oxford University Press.
16. Ryan, W.S., **Hunger, J.M.**, & Major, B. (2017). Applying intergroup relations research to understanding LGB health disparities. *Journal of Social Issues*, 73, 477-492. [IF = 3.9]
17. Tomiyama, A.J., **Hunger, J.M.**, **Nguyen-Cuu, J., & Wells, C. (2016). Misclassification of cardiometabolic health when using Body Mass Index categories in NHANES 2005-2012. *International Journal of Obesity*, 40, 883-886. [IF = 4.9]
18. **Hunger, J.M.**, Tomiyama, A.J., **Nguyen-Cuu, J., & Wells, C., (2016). Moving to a personalized medicine approach to promote health across the weight spectrum. *International Journal of Obesity*, 40, 1334. [IF = 4.9]
19. Tomiyama, A.J., **Hunger, J.M.**, **Nguyen-Cuu, J., & Wells, C. (2016). Weight and cardiometabolic health: New perspectives. *International Journal of Obesity*, 40, 1331. [IF = 4.9]
20. Blodorn, A., Major, B., **Hunger, J.M.**, & Miller, C. (2016). Unpacking the psychological weight of weight stigma: A rejection-expectation pathway. *Journal of Experimental Social Psychology*, 63, 69-76. [IF = 3.5]

21. **Hunger, J.M.**, & Tomiyama, A.J. (2015). A call to shift the public health focus away from weight. *American Journal of Public Health, 105*, e3-e3. [IF = 12.7]
22. Robinson, E., **Hunger, J.M.**, Daly, M. (2015). Perceived weight status and risk of future weight gain in US and UK adults. *International Journal of Obesity, 39*, 1721-1726. [IF = 4.9]
23. **Hunger, J.M.**, Major, B., Blodorn, A., & Miller, C. (2015). Weighed down by stigma: How weight-based social identity threat influences weight gain and health. *Social and Personality Psychology Compass, 9*, 255-268. [IF = 4.6]
24. **Hunger, J.M.**, & Major, B. (2015). Weight stigma mediates the association between BMI and self-reported health. *Health Psychology, 34*, 172-175. [IF = 4.2]
25. **Hunger, J.M.**, & Tomiyama, A.J. (2014). Weight labeling and obesity: A longitudinal study of girls aged 10 to 19 years. *JAMA Pediatrics, 168*, 579-580. [IF = 26.1]
26. Major, B., **Hunger, J.M.**, Bunyan, D., & Miller, C. (2014). The ironic effects of weight stigma. *Journal of Experimental Social Psychology, 51*, 74-80. [IF = 3.5]
27. Howland, M., **Hunger, J. M.**, & Mann, T. L. (2012). Friends don't let friends eat cookies: Effects of restrictive eating norms on consumption among friends. *Appetite, 59*, 504-509. doi: 10.1016/j.appet.s2012.06.020 [IF = 5.4]
28. Sadler, M., **Hunger, J. M.** & Miller, C. (2010). Personality and impression-management: Mapping the Multidimensional Personality Questionnaire onto 12 self-presentation tactics. *Personality and Individual Differences, 48*, 623-628. [IF = 4.3]
29. Moskovich, A., **Hunger, J. M.**, & Mann, T. L. (2011). The psychology of obesity. In J. Cawley (Ed.), *The Oxford Handbook of the Social Science of Obesity*. Oxford University Press.
30. Tomiyama, A. J., Mann, T. L., Vinas, D., **Hunger, J. M.**, DeJager, J., & Taylor, S. E. (2010). Low calorie dieting increases cortisol. *Psychosomatic Medicine, 72*, 357-364. [IF = 3.3]

MANUSCRIPTS UNDER REVIEW OR REVISION

1. *Levinson, J.L., *Ram, S.S., & **Hunger, J.M.** (Under review). A systematic review of the weight stigma and disordered eating literature.
2. *Johnson, B.N., **Hunger, J.M.**, Sawhney, G., & Kunstman, J,W. (under review). Weight in the workplace: Weight discrimination impacts professional outcomes as a function of social pain minimization.
3. **Hunger, J.M.**, *Dodd, D., & Smith, A.R. (under review). Weight-based social identity threat and disordered eating cognitions: Experimental evidence.

4. **Hunger, J.M.**, Hubbard, A.S., **Edrosolan, K., Tan, J., Montoya, A.K., & Tomiyama, A.J. (under review). Ecological momentary assessment of weight stigma and eating behavior in everyday life.
5. Kunstman, J.W., *Kinkel-Ram, S., **Hunger, J.M.**, Benbow, K., Smith, A.R., Troop-Gordon, Nadorff, M. & Maddox, K. (under review). Social pain minimization mediates discrimination's effect on sleep.
6. *Levinson, J.A., Clifford, D., Laing, E.M., Harris, C.L., Slagel, N., Squires, N.D., & **Hunger, J.M.** (under review). Weight-inclusive approaches to nutrition and dietetics: A call to action.
7. Gillespie, G.S., **Hunger, J.M.**, Lick, D.J., Tomiyama, A.J., & Johnson, K.L. (under review). Biased visual attention contributes to the formation and maintenance of interpersonal prejudice.
8. Figueroa, D., **Hunger, J.M.**, & Tomiyama, A.J. (under review). Social class stigma and poorer health behaviors: Evidence from the Eating in America Study.
9. *Rubin-McGregor, J., **Heitt, L., & **Hunger, J.M.** (revise and resubmit). Multiple marginalized identities, minority stress, and mental health.
10. *Das., A., Ward., R.M., Haus, L., **Heitt, J., & **Hunger, J.M.** (revision under review) A longitudinal examination of stigmatized identities, minority stress, belongingness, and alcohol use.
11. Clifford, D., Laing, E.M., Harris, C.L., Slagel, N., *Levinson, J.A., Squires, N.D., & **Hunger, J.M.** (revision under review). A primer on incorporating weight inclusive approaches in dietetics education.

SELECT PROJECTS IN PROGRESS

1. **Hunger, J.M.** (in progress). Weight-based social identity threat at work.
2. **Hunger, J.M.** (in progress). A research agenda for adopting a dimensional, intersectional, and cumulative approach to stigma and health.

PREVIOUS FELLOWSHIPS, GRANTS, & SCHOLARSHIPS

2015-2016	NSF Extension Fellowship, University of California, Santa Barbara
2015	University of California Health Psychology Consortium Seed Grant (\$1500)
2010-2011	Graduate Equity Fellowship, California State University, Fullerton
2010	Master's Grant for Research in Psychology, APAGS (\$1500)
2010	Basic Psychological Science Research Grant, APAGS (\$1000)
2008	Selmer Birkelo Scholarship, University of Minnesota

2008 Juanita Mortensen Scholarship, University of Minnesota

TEACHING & MENTORING

Graduate Courses

Stigma and Intergroup Relations (Spring 2023)
Social Psychology of Health and Wellbeing (Fall 2021)
Stigma, Miami University (Fall 2020)

Undergraduate Courses

Social Psychology of Health and Wellbeing, Miami University (Spring 2021, Fall 2021)
Foundational Experiences in Psychology, Miami University (Spring 2021)
Intro to Social Psychology, Miami University (Spring, 2020, Fall 2020, Spring 2022)
Stigma and its Consequences, Miami University (Fall 2019, Spring 2020, Fall 2023)
Research Methods in Health Psychology, UCLA (Spring 2018)

Graduate Student Mentees (Primary)

Shruti Kinkel-Ram (Miami University), 2021-present
Jordan Rubin-McGregor (Miami University), 2021-present

Graduate Student Mentees (Secondary)

Tiffany Stewart (Miami University), 2023-present
Akanksha Das (Miami University), 2020-present
Jordan Levinson (UCLA), 2020-present

Undergraduate Honor's Student Mentees

Jackson Heitt (Miami University), 2022
 **Awarded Doctoral-Undergraduate Opportunities Scholarship*
 **Awarded Undergraduate Summer Scholars*

Emma Moughan (Miami University), 2022

Matt Daly (UCSB), 2018
 Awarded Morgan Award for Academic Excellence

INVITED PRESENTATIONS

Simon Fraser University, Department of Psychology, "Weight stigma, weight-based social identity threat, and health." November 2022.

Stress, Health, Intergroup Threat, and Eating Conference, "Countervailing effects of weight stigma on weight loss motivation and perceived capacity for weight control." June 2022.
National Institutes of Health Stigma Working Group, "*The weight of weight stigma: How weight stigma shapes mental and physical health.*" June 2022.

University of Delaware, Department of Psychology, "*Weight-based social identity threat and disordered eating: Examining a stigma avoidance motivation.*" April 2022.

Michigan State University, Department of Psychology, “*Weight stigma, weight-based social identity threat, and health.*” March 2022.

Purdue University, Department of Psychology. “*Stigma and health: A social identity threat perspective.*” March 2022.

International Association of Eating Disorders Professionals (Bay Area), “*Weight stigma and disordered eating through a social psychological lens.*” September 2021.

Miami University Alumni Association, “*The weight of weight stigma: How weight stigma shapes mental and physical health.*” June 2021.

Midwest Psychology Association, “*Stigma and health: A social identity threat perspective.*” April 2021.

Society for the Psychological Study of Social Issues webinar panelist, “*Anti-Fat and Weight Bias: Addressing Myths and Creating Justice Through Research and Policy.*” February 2021.

University of Georgia Foods and Nutrition Seminar, “*Weight stigma and disordered eating: Insights from social psychology.*” January 2021.

Memorial Sloan Kettering Cancer Center, “*Advocating for a weight-inclusive approach to health.*” January 2021.

University of Michigan Nutrition Seminar, “*Weight stigma and disordered eating: Insights from social psychology.*” November 2020.

TEDD-WIND Virtual Inclusivity Conference, “*An evidence-based rationale for adopting weight-inclusive health policy.*” October 2020.

European Forum Alpbach plenary panelist, “*Old and new myths in medicine.*” August 2020.

Children’s Hospital Los Angeles EveryBODY event, “*Barriers to health promotion in a weight-focused world.*” May 2016.

Southwest Chapter of the American College of Sports Medicine, “*Weight stigma is bad for health.*” October 2015.

Social/Health International Training Exchange, University of Cambridge, “*Unpacking the cognitive consequences of weight-based social identity threat.*” March 2014.

REFEREED CHAIRED CONFERENCE SESSIONS

Girme, Y.U., & **Hunger, J.M.** (February, 2023). *Understanding stigmatized groups that are prevalent but overlooked in psychology.* Symposium to be held at the annual SPSP meeting in Atlanta, GA.

Sweeny, K., & **Hunger, J.M.** (February, 2020). *Common difficulties of academia no one talks about: Take 2*. Professional development session held at the annual SPSP meeting in New Orleans, LA.

Hunger, J.M., & Himmelstein, M. (February, 2019). *Stigma and health across analysis levels: Advances and methodological considerations*. Symposium held at the annual SPSP meeting in Portland, OR.

Hunger, J.M. (October, 2018). *Eat, drink, (exercise, sleep well) and be merry? How health behaviors affect our social world*. Symposium held at the annual SESP meeting in Seattle, WA.

Hunger, J.M. (January, 2016). *Social/personality psychology and public health: Promise and practical application*. Symposium held at the annual SPSP meeting in San Diego, CA.

REFEREED CONFERENCE TALKS

Hunger, J.M. (June, 2023). *Grants to support teaching events, pre-conferences, and collaboration resources*. Presented in, “SPSSI Teaching and Mentoring Grants, Awards, and Resources: Learning Session,” session at the annual SPSSI meeting in Denver, CO.

Hunger, J.M., Lee, K.M., & Tomiyama, A.J. (February, 2023). *Weight stigma research in social psychology: Recent advances and future promise*. Presented in, “Understanding stigmatized groups that are prevalent but overlooked in psychology” symposium at the annual SPSP meeting in Atlanta, GA.

Hunger, J.M. (February, 2021). “*Weight stigma and disordered eating: Insights from social psychology*,” presented at the Health Pre-Conference to the annual SPSP meeting in San Francisco, CA.

Tomiyama, A.J., **Hunger, J.M.**, & Edorsolan, K. (February, 2020). *Weight stigma and stress eating: An ecological momentary assessment*. Presented in, “Capturing Stigma: Novel Approaches” symposium at the annual SPSP conference in New Orleans, LA.

Hunger, J.M., Smith, A.R., Tomiyama, A.J., & Major, B. (March, 2019). *Weight stigma and disordered eating: Evidence across multiple methods*. Presented in, “Promoting Healthy Eating: Debunking Common Assumptions and Highlighting Successful Behavioral Strategies” symposium at the International Convention of Psychological Science meeting in Paris, France.

Hunger, J.M., Tomiyama, A.J., Bradbury, T.N., & Karney, B. R. (February 2019). *Diversifying methodological approaches to studying interpersonal stigma and health*. Talk presented in “Stigma and Health Across Analysis Levels: Advances and Methodological Considerations” at the annual SPSP meeting in Portland, OR.

Hunger, J.M., Smith, A.R., & Major, B. (August, 2016). *Weight stigma and disordered eating: Insights from social psychology*. Talk presented in “Social Insights into Issues in Health -- Health Care Experiences, Disordered Eating, and Lack of Exercise” symposium at the APA

annual meeting in Denver, CO.

Hunger, J.M., Tomiyama, A.J., Robinson, E., & Daly, M. (January, 2016). *Weight stigma and weight gain: Evidence from large-scale longitudinal data*. Talk presented in “Social/Personality Psychology and Public Health: Promise and Practical Application” symposium at the SPSP annual meeting in San Diego, CA.

Hunger, J.M., & Major, B. (February, 2015). *The ironic effects of weight stigma*. Talk presented as part of the symposium “Challenging Misconceptions about the Psychology of Food Choice” at the SPSP annual meeting in Long Beach, CA.

Major, B.M., **Hunger, J.M.**, Blodorn, A., & Miller, C. (October, 2014). *Weight stigma as identity threat*. Talk presented at the SESP annual meeting, Columbus, OH.

Hunger, J.M. & Smith, A.R. (May, 2014). *Applying the interpersonal theory of suicide to weight-based discrimination*. Data blitz presented at the workshop on Obesity Stigma: Psychological, Social, and Medical Causes at the University of California, Los Angeles.

Lick, D.J., **Hunger, J.M.**, & Johnson, K.L. (May, 2014). *Recalibrating body perception: Harnessing visual aftereffects to reduce anti-fat bias*. Data blitz presented at the workshop on Obesity Stigma: Psychological, Social, and Medical Causes at the UCLA.

Hunger, J.M. (February, 2014). *Weight labeling and obesity in young girls: A 10-year longitudinal study of girls aged 10-19*. Data blitz presented at the Social Personality Health Network Preconference to SPSP annual conference in Austin, TX.

Howland, M., **Hunger, J.M.**, Burns, R., Schershel, H. Mann, T. (September, 2011). *How toothpicks became freshly baked cookies: Lessons from a study on social influences on eating*. Talk presented at the 25th annual meeting of the European Health Psychology Society, Crete, Greece.

PROFESSIONAL SERVICE

Current Positions:

2022 – present	Member, Provost’s Faculty Advisory Council, Miami University
2021 – present	Social, Personality, and Health Network Steering Committee
2021 – present	Psychology Department Diversity and Inclusion Liaison, MU College of Arts and Sciences
2021 – present	Chair, Teaching Grants Selection Committee, SPSSI
2017 – present	Steering Committee, International Weight Stigma Conference

Select Past Positions:

2022 – 2023	Member, Miami University Mental Health Task Force
2021 – 2023	Co-Organizer, SPHN Health Pre-Conference to the SPSP annual meeting
2020 – 2023	Member, Departmental Review Board, MU Psychology
2020 – 2022	Co-organizer, SPSP Summer Psychology Forum on Health Disparities

2020 – 2022	Faculty Coordinator, Social Psychology Area Visit Day, MU
2020 – 2022	Faculty Coordinator, Social-Personality Research Interest Group, MU
2019 – 2022	Member, Diversity and Inclusion Committee, MU Psychology
2019 – 2022	Member, Diversifying Psychology Weekend Committee, MU Psychology
2014 – 2019	Student/Postdoc Representative, Steering Committee, SPHN
2014 – 2019	Chair, Grad Student/Postdoc Committee, SPHN
2017 – 2017	Planning Committee, UC Intercampus Consortium on Health Psychology

Editorial Experience:

05/2021-present	Editorial Board Member, <i>Body Image</i>
2020-2022	Guest Editor, Special Issue of <i>Body Image</i> , “Weight as a Social Identity”

Ad hoc reviewer for:

American Journal of Preventive Medicine, American Journal of Public Health, Annals of Behavioral Medicine, Appetite, Body Image, Childhood Obesity, Emotion, Frontiers in Psychology, Health Psychology, International Journal of Behavioral Medicine, International Journal of Obesity, JAMA Pediatrics, Journal of Adolescent Health, Journal of Applied Biobehavioral Research, Journal of Applied Social Psychology, Journal of Experimental Psychology: Applied, Journal of Experimental Social Psychology, Journal of Health Communication, Journal of Health Psychology, Journal of Personality and Social Psychology, Journal of Psychosomatic Research, Obesity, Pediatric Obesity, Pediatrics, Personality and Individual Differences, Personality and Social Psychology Bulletin, Perspectives on Psychological Science, Preventative Medicine, Prevention Science, Psychological Bulletin, Psychological Science, Psychological Review, Social Science and Medicine, Stigma and Health, Stress & Health